

# 7<sup>th</sup> International Conference on Pessó Boyden System Psychomotor<sup>®</sup> (PBSP<sup>®</sup>) Science and Good Practice

26–29 September 2019  
Prague, Czech Republic  
[www.pbbsp2019.cz](http://www.pbbsp2019.cz)

Dear Colleagues and Friends

We would like to cordially invite you to attend the 7<sup>th</sup> International Conference on Pessó Boyden System Psychomotor<sup>®</sup> (PBSP<sup>®</sup>) psychotherapy to be held in Prague 26–29 September 2019. We will celebrate the 90<sup>th</sup> anniversary of the birth of the authors of PBSP Albert Pessó and Diane Boyden-Pessó. It will be ten years since our Dutch colleagues organized a wonderful international PBSP conference in Amsterdam. Twenty years ago the Czech PBSP community held the first Czech training in PBSP.

The PBSP conference in Amsterdam focused on the relationship between mind and body as reflected in its title, "The Embodied Mind". Neuroscience has been developing rapidly over the last two decades and step-by-step discoveries have revealed how the activity of the brain relates to the mind and behavior. Affective developmental neuroscience explores how early childhood experience shapes the development of structures and functioning in the brain. This research has changed thinking about Descartes' ontological model which distinguished between the realms of body and mind.

The theme and title of the 7<sup>th</sup> International PBSP Conference is "Science and Good Practice". This refers to the effort to bring the latest in science and research into our models of good therapeutic practice.

The genius of Albert Pessó, along with his wife Diane Boyden-Pessó, was to incorporate two fundamental empirical principles into their practice: thorough observation of a client's emotional process and systematic evaluation of therapeutic interventions. Combining this effort with extraordinary talent, empathy, deep insight into a client's world and a wealth of creativity, they developed unique and precise techniques for this model of psychotherapy. Training in PBSP psychotherapy has been helping therapists and psychologists develop a deeper understanding of their clients and learn this complex, effective psychotherapeutic method.

The 7<sup>th</sup> International PBSP Conference in Prague will integrate current research on the brain, development, and social and affective functioning with core concepts from the Pessós' work. We wish to open a new space for sharing scientific thinking, ideas about good practice and creative uses and applications of PBSP psychotherapy. We also want to establish a forum for the questions which PBSP therapists ask today.

We look forward to seeing you in Prague!

On behalf of the scientific and organizational committee

Jan Siřínek, PhD.  
and Petra Winnette, PhD.

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## Topics

- Research in PBSP – empirical studies (including case studies), preferably in the context of contemporary neuroscience
- The theory of PBSP and its conceptual parallels with neuroscience and/or other therapeutic frameworks
- PBSP applications, development and new possibilities

## Keynote Speakers

Nim Tottenham, PhD.

Director of the Developmental Affective Neuroscience Laboratory  
Professor of Psychology, Columbia University, New York City

Prof. MUDr. Jiří Horáček, PhD., FCMA

Deputy Director for R&D, National Institute of Mental Health, Czech Republic  
Professor of Psychiatry, Third Faculty of Medicine, Charles University, Prague



## Venue

Academy of the Performing Arts in Prague (HAMU), Malostranské náměstí 258/13, Praha 1

The Liechtenstein Palace is a beautiful late Baroque building situated in the historic center of Prague, walking distance from Prague Castle, Charles Bridge and other important monuments. It was renovated in 1991 and since then has been used as residence for the Music and Dance faculty of the Academy of the Performing Arts.

## Call for Papers

Abstracts must be submitted by 15 January 2019.

The final selection by the scientific committee will be made by 18 March 2019.

Please submit your abstracts to [conference@pbsp.cz](mailto:conference@pbsp.cz).

## Prices for Registration

Early-bird: 500 EUR (until 30 April 2019)

Standard: 600 EUR

Early-bird students: 400 EUR (until 30 April 2019) – 20% discount

Standard students: 480 EUR – 20% discount

Speakers and lecturers: 100 EUR – 80% discount

Cancellation policy: 90% refund before 30 June 2019. No refund after 1 July 2019.

The fee includes all conference materials, admission to all lectures and workshops, the welcome party, lunches, coffee breaks, and the banquet or concert.

## Organized by

The Czech Association of Pessó Boyden Psychomotor Psychotherapy

Contact: [conference@pbsp.cz](mailto:conference@pbsp.cz)